

Big Local



Big Local is a lottery-funded project bringing £1 million investment to Heston West, which will:

- Enable the local community to improve the area over the next 10 years
- Make a real difference to people's lives

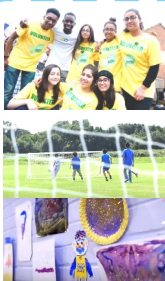
Welcome—it's our 2nd Year!

Hello! We have lots of exciting opportunities for all our residents in our **Heston West Big Local** programme.

Join us at our upcoming celebration events and our new community chest activities!



YOUTH FILMMAKING MUSIC FOR TOTS ENGLISH CONVERSATION
CREATIVE WRITING HEALTHY WALKING WALKING FOOTBALL
SEWING & KNITTING YOUTH ACTION TEAM CARIBBEAN DANCE
CRICKET MULTI-SPORTS YOGA BHANGRA DANCE DRAMA



Young volunteers from Heston West Big Local (from **Cranford Community College** and **Riana Development Network**) created a fun day that we won't forget in a hurry! Watch our brilliant film capturing all the excitement:

www.hestonwest.org/big-local-event-films





Local Trust | Big Local



BIG LOCAL ACTIVITIES

COMING THIS OCTOBER!



DRAMA & DANCE 6-11YRS
MUSIC CLASSES FOR TODDLERS
MULTI-SPORTS 5-13YRS
MADE YOUTH FILM PROJECT
YOGA CLASSES FOR ALL
SEWING & KNITTING CLASSES
OUTREACH COMMUNITY THEATRE
BHANGRA CLASSES FOR WOMEN
& much **MORE...**

Visit: www.hestonwest.org

Call: 07702532710 for more information



Join us for our Big Community Clear Up Day!

Support our **Big Community Clear Up Day** on **Saturday 22nd October 2016** from **11-1pm**. Join our team of volunteers and get on your bike to make a real difference to our area.

We will be clearing up the Brabazon

Estate and Redwood Estate—supported by **Hounslow Highways**. After the clear up all our volunteers will be invited for a special lunch at Cranford Community College from 1 to 2.30pm.

Would YOU like to support us? Please get in touch for more details.

Looking to reach new customers?

One of our main goals for Year 2 is to engage with more businesses operating in and around the Heston West Big Local area. Recently we worked with Raji Gill from **Heston Florist**, she supported us with the delivery for our Community Chest funded **Flower Arranging Workshops** for local residents.

Raji said: “It was a pleasure to host the class, they were a lovely bunch attendees.”

If you would like to support our community projects or **advertise your local business** for **FREE** on our website/newsletters—we would love to hear from you. Contact details back page.



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made

make a difference entertainment



IN HESTON WEST

FREE YOUTH FILMMAKING PROJECT

STARTS SUNDAY 9TH OCTOBER 2016

12-19YRS

EVERY SUNDAY 10 TO 2PM & 2 TO 6PM

SPACES LIMITED

BRABAZON COMMUNITY CENTRE, TW5 9LT

TO SIGN UP PLEASE CONTACT TAZ ON 07702532710

taz.virdee@groundwork.org.uk

www.hestonwest.org/made-in-heston-west



Passionate about where you live?

Volunteer to shape your community

We are looking for residents from the Heston West Big Local area (Brabazon, Harlech Gardens and Redwood) to volunteer by supporting and guiding us through our Big Local plan.

If you are interested and would like to know more about joining our committee - please get in touch with Taz (contact details back page).

We look forward to seeing you soon!

www.hestonwest.org/volunteer



Our Big Local Brighton Trip

94 local people enjoyed our first ever family trip to Brighton in August. Despite the unpredictable weather everybody enjoyed themselves.

Local resident and committee member Debbie said: "Thank you Heston West for our fun day out to Brighton, we enjoyed the coach quiz and had a lovely time around the lanes."

Help us plan our next trip!
Please get in touch, we'd love to hear from you!



Community Chest Update

We are excited to announce that our Big Local Community Chest grant programme is back!

The Community Chest is an opportunity for Heston West residents and students to apply for a grant up to £500 to help improve the life of local people.

In Year 1 we explored a range of fun activities from flower arranging workshops, art club for children and women's fitness sessions.

Check out the list below of all our activities in Year 1:

- Walking Football
- Cricket Training (14-17yrs)
- Bingo Club (Over 60s)
- Flower Arranging
- Island Hopperz Girls Dance
- Soca Women's Dance
- Youth Art Club (6-10yrs)
- Bike Workshops
- Outdoor Play Session



Do you have a Community Chest idea?

See next page how to apply—applications ongoing.

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COMMUNITY CHEST

YOU CAN ALSO
APPLY VIA



Got a community project
idea to improve the lives of
local residents?

Apply for a grant
up to £500!

Local residents &
community groups
can apply!



MAKE A POSITIVE DIFFERENCE IN YOUR AREA!



Applications ongoing till July 2017.
To apply for a Community Chest grant please visit:
www.hestonwest.org/community-chest



Our Big SUMMER Project



Making memories, sharing ideas and exploring new places!
Our Big Summer Holiday Project encouraged children to express themselves creatively, work in teams and make new friends.

"I felt happiest when I made lots of new friends."

"This week was the best ever because we were doing so many different activities which were fun."

Each week children also ventured to new and exciting destinations and then made art in response to their visit. Overall the Summer Project helped children improve confidence, encouraged children to share views and experiences at home.

We would like to thank Cranford Community College, Bounce Theatre, parents and children who made our holiday project a big success! Our Bounce Youth Drama and Dance Club will resume in October 2016 —please check www.hestonwest.org for more details.



We Learnt...

New Games

How to get to London



The Jungle

That everyone is equal

We loved...

Going on Trips

Drama/Games

Making Art

Making New Friends



Young People Bring Art, Passion & Creativity to our Community!

Children were given the opportunity to explore their creativity

thanks to the support and guidance from 7 fantastic students (Abbie, Anjali, Amrita, Harpreet, Juhi, Megha and Simran) from Cranford Community College. The aim of the Art Club (funded by our Community Chest grant) was to give the college students the opportunity to work with young children and help them hone their creativity in a safe and friendly environment.



‘Class really fun and exciting’

During the three workshops the children explored: mask making, badge making, card making, canvas painting and drawing.

The sessions were highly interactive, imaginative; and children thoroughly enjoyed the classes.

One child said: “I found the class really fun and exciting. It was good to see my friends come along.”



‘Very proud of what we accomplished’



Students Megha and Juhi enjoyed the responsibility of leading the art workshops with their friends and were proud of their group's achievement and commitment.

Megha, 15, said: “It was brilliant to have led the art workshops; we had a wonderful time and feel very proud of what we accomplished.”

Juhi, 14, added: “I believe the art project was a great opportunity for kids to showcase their talents and express their creative side. It was also generally a fun experience in which we all got to get involved and produce a piece of imaginative work we were all proud of.” ➡



Amrita and Anjali felt the project gave them an opportunity to connect with their friends after school whilst learning valuable project management skills such as: organising, budgeting and planning sessions.



Amrita, 15, said: "The art club was a way of getting our childish sides out, giving us an opportunity to be creative and extraordinary! It was really nice having that time to socialise and hang out with the children as well as our friends. Hope to have more opportunities like this again!"

'An opportunity to be creative and extraordinary!'

'We learned how to organise a youth club'

Anjali Kumar, 15, added: "Working with children was fun and exciting experience as we got to develop friendship with them and were able to join in with the arts and crafts. We learned how to organise a youth club and how to handle different situations."

On behalf of Heston West Big Local we would like to say a BIG thank you to the group of students. Throughout the project they were enthusiastic, energetic and inspiring. We would also like to thank Berkeley Primary School for their support and all the children involved.

**BIG LOCAL
DIWALI &
CHRISTMAS PARTY**



**FRIDAY 25TH NOVEMBER 16
7.30-11PM**

CRANFORD COMMUNITY COLLEGE

OUR YEAR 2 ACTION PLAN!!!

To find out about all our exciting activities & events happening this year please visit:
www.hestonwest.org/Year2
 or drop-in to Brabazon Community Centre* for our Year 2 Plan booklet.

**Centre times vary*



[/hestonwestcp](https://www.facebook.com/hestonwestcp)



Keep updated
 with all the latest news:
www.hestonwest.org

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