



# WHAT'S ON IN HESTON WEST!

## OUR WEEKLY GUIDE FROM JAN-APRIL 2019

### MONDAY

**MORNING YOGA CLUB** | 10-11AM | Brabazon Community Centre | £2.50

**WELCOME BINGO CLUB (OVER 60s)** | 1-3PM | Cranford Community College | FREE

**YOGA CLUB** | 5-6PM | Cranford Community College | £2.50

**IRISH MORRIS DANCE\*** | 6.30-7.30PM | Cranford Community College | FREE STARTS FEB

### TUESDAY

**PARENTS & TODDLERS GROUP** | 9.30-11.30AM | Brabazon Community Centre | FREE

**ART SOCIAL DROP-IN CLUB\*** | 1-5PM | Brabazon Community Centre | FREE

**CREATIVE CLUB (6-11YRS)** | 3.15-4.30PM | Berkeley Academy | FREE

**YOUTH DEBATES CLUB** | 4.30-6PM | Cranford Community College | FREE

**YOGA CLUB** | 5-6PM | Cranford Community College | £2.50

**LATIN AMERICAN DANCE** | 6.30-7.30PM | Cranford Community College | FREE STARTS FEB

### WEDNESDAY

**YOUTH SPEAKING CLUB** | 3.30-4.30PM | Cranford Community College | FREE

**WALKING FOOTBALL** | 6-7PM | Cranford Community College | FREE STARTS MARCH

### THURSDAY

**YOUTH FOOTBALL (YRS 5-6)** | 3.30-4.30PM | Berkeley Academy | FREE STARTS FEB

**DIGITAL IT CLUB—BEGINNERS\*** | 5-6.30PM | Cranford Community College | FREE STARTS FEB

**FAMILY BOXING CLUB** | 6.30-7.30PM | Cranford Community College | FREE

### FRIDAY

**KIDS FUN CLUB (5-10YRS)** | 3.20-4.30PM | Berkeley Academy | FREE

**FAMILY FUN FITNESS** | 6.30-7.30PM | Cranford Community College | FREE

### SATURDAY

**FAMILY COOKING CLUB** | 11.30-1PM | Cranford Community College | FREE STARTS FEB

**MULTI-SPORTS (5-12YRS)** | 2-4PM | Cranford Community College | FREE

### SUNDAY

**YOUTH FILMMAKING CLUB** | 10.30-4PM | Cranford Community College | FREE

**FASHION CLUB** | 11-1PM | Cranford Community College | FREE/£3.50 ADULTS

All activities are subjected to first come basis as spaces are limited.

Please visit [www.hestonwest.org/whats-on](http://www.hestonwest.org/whats-on) to book your space

contact Taz on 07840047771.

\*Funded by London Borough of Hounslow

